

# One on One Kicking

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www.oneononekickingcamps.com

## Summary

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With over twenty years of experience, One on One Kicking provides professional instruction to kickers, punters, and snappers. Our emphasis is on the development of our athletes with proper form, muscle memory, and technique to prepare them for the next level. We have fourteen permanent training locations in 9 states that offer year round training for kids in middle school through college.

## Highlights

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- 4 Ray Guy Award Winners
  - 3 Lou Groza Award Winners
  - 9 current NFL & CFL players
  - 84 All-Americans
  - 3 Super Bowl Champions
- “The best training for kickers and Punters in the nation”
  - -ESPN Radio
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## Experience

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### Summer Training Program

Every July since 2002

- Three week instructional camp
- Specialists from middle school through the NFL
- On field training, weight training, film review, meals, leisure activities

### Year Round Training

1998 to Current

**Alabama, Texas, Georgia, Virginia, Florida, Ohio, Mississippi, New York, New Jersey**

- Train specialists of all ages in small group setting
- Every month training sessions
- Over 100 years of combined coaching experience
- Emphasis on training and proper technique

## References

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\*Active NFL and CFL Players

\*Johnny Hekker- Los Angeles Rams (4 Pro Bowls)

\*Ryan Allen- New England Patriots (2X Ray Guy Award Winner, Super Bowl Champion)

\*Ryan Quigley- Minnesota Vikings

\*Cairo Santos- New York Jets (Lou Groza Award Winner)

\*Caleb Sturgis- Los Angeles Chargers (Super Bowl Champion with Eagles)

\*Pat O'Donnell- Chicago Bears

\*Chris Boswell- Pittsburgh Steelers (1 Pro Bowl)

\*Will Lutz- New Orleans Saints

\*TY Long- BC Lions

Chas Henry – Philadelphia Eagles (Ray Guy Award Winner)

Durant Brooks- Washington Redskins (Ray Guy Award Winner)

Garrett Hartley – New Orleans Saints (Super Bowl Champion)

Art Carmody- Louisville Cardinals (Lou Groza Award Winner)

Jonathan Ruffin- Berlin Thunder (Lou Groza Award Winner)